Charity number: SC020754

Company number: SC200094

Community Volunteers Enabling You Ltd

Report of the Trustees and Financial Statements

For the year ended 31 March 2019

Community Volunteers Enabling You Ltd

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The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31 March 2019. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2015).

CHAIRPERSON'S REPORT

Our commitment to ensure strong outcomes from the services we deliver is fuelled by our passion as an organisation to seek to add colour to the lives of those in our communities. This financial year saw us continue to do that with increasing influence. Despite the ongoing challenging financial climate we have been able to increase the scale and scope of our operations with a total of sixteen main funding sources enabling us to deliver ten projects and help even more people.

In the financial year 2018/19 we have welcomed four more funders and introduced two new projects. We have also seen changes in our personnel, our structure and our Board. Importantly, due to our strong adherence to our values, we have continued to put the children, young people and their families first and have seen real change in the lives of those we work with.

We continued with our three strategic objectives of excellence in service delivery, developing services in scope and scale, and raising our profile. These were considered to be worthy of continued focus and provided a framework for our action plan linked to these objectives.

Service Delivery

Each of the projects that we deliver has common outcomes that we seek for every participant. These are:

Improved & sustained self-esteem Increased skills & interests Growth in confidence Improved well-being, and Reduced social isolation.

In addition to this, and in line with the national GIRFEC (Getting it Right for Every Child) approach, we have seen children and young people becoming more successful in their learning, more responsible in their relationships, more confident as individuals, and beginning to make a contribution to their world.

In total 191 young people were involved over the year along with 86 parent/carers. This represents a 15% increase in the number of people supported this year as a result of additional services and project growth; in particular the introduction of the Sibling Support groups and additional parent/carer support.

The following gives detail of COVEY's individual projects:

- 1. Projects Supporting Young People
 - 1.1 South Lanarkshire Council (One-to-one and Group Befriending)

We consider the continued partnership with South Lanarkshire Council as vital in helping achieve the outcomes aspired to in their Local Children's Services Plan and we were able to maintain a high level of commitment to their vision. At their invitation we added services in the Cambuslang / Rutherglen area which was previously outside the remit of our Service Level Agreement. We now provide befriending in all four geographical areas of South Lanarkshire.

Once again we achieved 'very good' in our annual review and worked closely with the Council to ensure that our services are aligned to the needs of the community. We continued to achieve our targets overall, with 106 young people funded through SLC (95 for year 2017/18). 50 were supported on a one-to-one basis and 56 young people were involved in 3 regular befriending groups. This group model of support is particularly effective in the rural areas where many of the children and young people are socially isolated. Here we have seen, due to a greater focus on social interaction, young people grow in confidence and self-esteem, engaging more positively within their home, school and community.

A further 85 young people gained support through other programmes.

1.2 ANGELS (Additional Needs Gaining Experience for Life Skills)

ANGELS takes the form of group activities with 25 young people being involved. Our work with young people with additional needs, supported by South Lanarkshire Council, BBC Children in Need and Baily Thomas Charitable Fund in the Hamilton and East Kilbride areas of South Lanarkshire, developed further. With funding from Foundation Scotland, (administered on behalf of the William Grant Foundation Youth Opportunities Fund) we were able to provide the same service in the Clydesdale area with two groups being established in the rural area. This has proven a very welcome addition to the young people in that area. Five young volunteers from the local schools were also involved.

One ANGELS group has focussed on enabling older young people to develop skills to help in their transition years, addressing social isolation. The other groups, for younger children, help with health, well-being and confidence.

1.3 Plusone Mentoring

This programme is delivered under a franchise agreement with YMCA Scotland. No further funding from YMCA Scotland was provided, but a combination of funding from The Robertson Trust, the RS Macdonald Trust and South Lanarkshire Community Safety Partnership enabled us to successfully deliver the project for a fifth year in South Lanarkshire. 15 young people aged 8 - 14 who are at risk of offending behaviour have had the opportunity to build a relationship with a consistent role model and embark, when ready, on setting goals for themselves.

1.4 intandem

A Scottish Government initiative administered by Inspiring Scotland for mentoring young people aged 8-14 living at home with their parents and under a compulsory supervision order. The second year of operation saw us meeting our targets for this particularly vulnerable and challenging cohort with 17 gaining support.

1.5 TIME OUT

Following on from the work now established with our ANGELS groups, it had become evident that there was a need in the area to support children who had siblings with an additional need. Funding from Shared Care Scotland and Scottish Children's Lottery enabled us to establish this group project. Two groups were established for different ages, and 19 young people were supported during the first full year in operation.

1.6 COVEY Connect

Ever mindful of the challenges of providing support in the rural area we secured funding from SSE to develop our work in this area. This commenced in April 2018. Outreach workers from the rural areas were recruited and gave one-to-one support to nine young people affected by poverty and social isolation.

1.7 Self Dedicated Support

We piloted a paid befriending model for a young person who had previously been involved with COVEY and had moved on to adult services. Due to the existing trusted and reliable service of which they had experience, the family have chosen to use part of their budget to engage COVEY in providing further befriending services.

Evidence gathered throughout the year confirms that through the provision of supportive caring relationships, key outcomes have been achieved and exceeded for most of our young people. We have seen young people grow in self-esteem, develop in confidence, and develop new interests and skills. Those who are isolated in their communities have become more connected and their general quality of life and family relationships have improved.

All COVEY participants enjoyed an outing to the pantomime and 8 young people were involved in work experience at Peter Vardy in Motherwell.

2. Projects supporting parents and carers

The work in supporting the parents and carers of young people continues to be a learning experience with the need to remain flexible and able to adjust our practice. This is due to the increasing complexity of cases we have been working with. We have found that the adults we support begin to share at a deeper level due to the relationships that are built with COVEY staff and volunteers as that trusting relationship develops. There has been an increase in partnership working, with strong outcomes for our families.

2.1 Pathways to Confidence

This partnership project with Bellshill and Mossend YMCA enabled us to help 36 families in total. Bellshill and Mossend YMCA provide befriending support to young people, alongside the individual parent support work that COVEY gives. Our Family Support Coordinator, Family Support Workers and volunteer family mentors have been responsible for the support of local families, with staff providing 445 sessions of support. This was funded by the Wm. Grant & Son Youth Opportunities Fund (administered by Foundation Scotland) and The National Lottery Community Fund. Working with Airdrie Citizens Advice Families First project based in Bellshill and Mossend YMCA we have supported 18 families to access the help they need, with those families making a significant financial gain. The resultant increase in the families' wellbeing has been in some cases life-changing. A total of 42 children and young people have been impacted as a result of their parents' involvement with Pathways to Confidence.

2.2 PACT (Parents and Carers Together)

The development of our parent support groups, PACT (Parents and Carers Together), has enabled us to provide monthly opportunities for parents to meet. 50 parents have been involved in three groups throughout South Lanarkshire. These parents all have a health condition of their own or are a carer of a child who has an additional need. The South Lanarkshire Integrated Care Fund and the Henry Smith Charity have together funded these groups and we have seen remarkable results for participants. In addition to attending the groups some participants have benefitted from 196 one-to-one sessions, including telephone support calls. Participants have noted that their health has improved; they have more confidence and have begun, with support from the staff and their peers, to access other services in their community. Our role is in supporting them to make steps towards achieving their individual ambitions.

2.3 Parent Partnership Project

Following on from the positive results in the Pathways to Confidence project, we were approached, after application, to be involved with the partnership of The Hunter Foundation and the Scottish Government through their Social Innovation Fund, to address childhood poverty. COVEY staff work with Airdrie CAB staff to enable families referred by schools, to have the financial and emotional support they need to combat Child Poverty. (This project began in January 2019).

3. Volunteers

Over and above the benefit to the children, young people and families supported, our volunteers also gain from being involved with COVEY. Without their continued passion and commitment we would not be able to achieve what we do and many report gaining from their experience; learning new skills and finding more self-confidence. The number of hours and outings significantly increased this financial year.

Volunteers gave 5,053 hours to our work. In the group setting some volunteers can be involved in supporting a number of young people at any one time and young people received 6,391 hours of support from volunteers with a total of 2,520 mentoring and befriending sessions. Parent/carers had 456 hours involvement with volunteer family mentors through 70 family mentor outings.

We recruited and trained 33 new volunteers over the year, bringing the number of volunteers involved to 121 during the year (121 prior year).

All our volunteers are trained, interviewed and required to provide a medical reference and two character references. They are also subject to an enhanced PVG check. Volunteer training and support is key to the services we provide and as such, our training has been developed to take into account the specific training needs of the volunteers, so that they are as well-equipped as possible for their role. Volunteers take part in six sessions of training as well as additional training in group work, additional needs, mentoring skills or looked-after children, where appropriate. During the year we introduced further training in Makaton, Challenging Behaviour, Resilience and First Aid.

Demonstrating the commitment we have to excellence, we continually review our standard practice document which sets out our Standard Operating Procedures and our practice is subject to a monthly internal audit. Our Befriending Networks Quality in Befriending Award was renewed in 2017 and stands effective until 2020.

Development of Projects

During the year the Board and Staff took time to review our vision, mission and values. These essentially did not change though we agreed that the wording for our overall vision should be clarified to be that 'Young people and families live happy and fulfilled lives'. This vision has led to us remaining focussed on developing projects in both scope and scale, as well as sharing any learning from our experience.

The development of projects is in response to the needs we identify in our communities and to national and local policy drivers. Funding secured in the prior year enabled us to establish the new projects in rural South Lanarkshire, befriending in the Cambuslang / Rutherglen area and groups for young people who have a sibling with an additional support need. Our Service Level Agreement with South Lanarkshire now covers the whole of the geographical area for the first time in COVEY's history and we also have developed our parent support services in North Lanarkshire through a new initiative with Airdrie Citizen's Advice. This was in response to funds made available through the Scottish Government Child Poverty Agenda.

The year 2018/19 saw the second full year of delivery of the *intandem* project. Now that our delivery model has been established COVEY personnel are currently involved in the intandem strategic group to ensure sustainability of this project.

We made the decision to continue with our franchise agreement with YMCA Scotland for Plus One Mentoring. This was with a view to being linked to a national scheme and better able to share our learning.

Our ANGELS work in Clydesdale expanded with two groups now being provided for different age groups enabling young people with an additional need, who would not usually have support, to be less isolated.

We sought to develop our partnership working and through funding from Border Biscuits in partnership with Lanark in Bloom and Clydesdale Community Initiatives, 20 of our young people enjoyed a taste of the outdoors, gardening and woodwork. Also through wider partnership working, parent/carers gained life skills from involvement with Well Connected, FARE (Family Action in Rogerfield and Easterhouse) and Community Learning and Development. Through strong links with others agencies parents were able to receive the specialist help they needed.

During the year additional funding for parent support groups led to increasing collaboration within COVEY with stronger links to our Pathways to Confidence one- to-one support. Over the year we have seen changes to personnel in the team that supports parents. The high level of service to parents and carers during these changes has remained consistently effective through the commitment of the staff.

There was an increased connection between the various projects within COVEY. This resulted in children and young people being matched with the best and most appropriate support. There was therefore some movement between groups and one-to-one befriending for the young people. In addition, internal referrals were made for the parent/carers. This gave us a sense of the increasing connectedness within the organisation.

Having an established policy and process for involving students on their placements we have been able to increase the number of student placement opportunities during the year. Ten took various roles throughout the year and contributed to the overall work of the organisation.

Operational developments have taken place to enable us to be at the forefront of efficiency and effectiveness. Due to an opportunity through JP Morgan's Force for Good Project COVEY have benefitted from their expertise with a view to having a new functional Salesforce database. This will replace the current database which has been operational since 2004. A Board member, another volunteer and our Office Leader has lead on this initiative which is due to be operational by June 2019.

We also reviewed our evaluation methods and in November 2018 began to pilot the 'Outcome Star' evaluation tool which gives an additional level of evidence regarding the impact of our service.

Through our values of respect and commitment we encourage staff in their self-development with new staff participating in a thorough induction and additional training. Existing staff took up a variety of opportunities to ensure their contribution was most effective in the overall development of our projects.

Raising our Profile

Significant strides were made in raising our profile during the year. Through the Global Make Some Noise radio campaign we enjoyed national coverage. Staff also had opportunity to speak at national events about COVEY, the support we offer and our values-based approach. Our new website was launched in June 2018 and was received well, resulting in an increased number of volunteer enquiries.

There has been increasing social media use in the year which served to raise our profile with business, volunteers and students. Our events have made further connections possible with our AGM (attended by over 150 people) showcasing our work. Involvement in local events also raised our profile in the community. Over and above the bigger events we believe that it is the growing of trusted relationships that forms the basis of effectively raising our profile which the full staff team have been involved in over the year.

As a values-driven organisation we continued to share our values journey and resources with a diverse range of organisations including, VASLan – South Lanarkshire's Third Sector interface and Cyrenians.

It is our ethos of putting the person first; focusing on their strengths and what they personally want to achieve that is highly appreciated by those we work with.

Governance and Staffing

The Board continue to provide strong governance, meeting at least 8 times in the year. While there has been movement in Board membership this year the stability and strategic vision of the organisation was not affected. In January 2019 Les Morgan who has been in the Chair position for 10 years left COVEY. We greatly appreciate the significant contribution that Les made to COVEY over a ten year period, setting us on our values-based journey in 2010 and developing our approach in conjunction with the team. Les was also instrumental in introducing our current logo which has resulted in the development of a recognisable brand. Over and above this Les brought his passion for an emotionally intelligent organisation where everyone is able to grow and develop and reach their potential. We anticipate that Les' legacy will be built on by the current Board.

Emma Kennedy was appointed as interim Chair in January 2019, and at March 2019 there were four Board members with a range of skills covering business development, strategic planning, third sector knowledge and experience and IT. With three other resignations due to personal reasons and three appointments during the year we are enjoying fresh perspectives and a new sense of collegiate working. The Board are currently considering two further applications for Board membership (May 2019). All members of the Board participate in annual values-based peer appraisals in line with staff appraisals, which continue to challenge us to deliver our best for the organisation.

A manager for South Lanarkshire Social Work is available to advise on all social work matters. Financial reporting to the Board is covered by our accountant who also prepares quarterly management accounts.

The staff team changed with four staff members leaving. There was a significant increase in the size of the team with 6 additional staff added during the financial year. The main change has been due to the increase of staff with contracts of less than 10 hours per week (8) due to the need for outreach work in Clydesdale and Group Facilitation. The staff team now stands at 21, (13.8 full-time equivalent) as at 31 March with two additional staff being recruited to join the team in May 2019. As we recruit primarily on the basis of character, this approach has benefitted the organisation and we appreciate the contribution each one makes to a cohesive and committed team.

At the end of 2018, with a growing staff team, we recognised that there was a need to develop further management capacity and considered a restructure. This was to ensure that all staff members were well supported in their roles and there was opportunity for development. Strategically we felt the Project Leader title should change to Chief Executive to reflect the changing nature of that role; and with a view to sustainability, and also succession planning, the structure was changed. In January 2019 the one operational manager role that existed was replaced by the internal appointment of three team leaders with a view to take full responsibility for the operational aspects of COVEY, developing wider relationships, assistance with funding and embedding our values further.

Future Plans

Moving on from what has been another successful year in COVEY with continued growth, we aim to face any challenges ahead with confidence and adaptability; whilst building on our strong and positive reputation.

As well as working to sustain and resource the many projects that support our young people and families we plan to revisit our strategic intent and consider the long term vision for COVEY. In our 27th year we will focus on consolidating our work and ensuring that we continue to deliver services that meet our organisational outcomes, in line with our values. In the year ahead we will focus on ensuring that our positive financial situation is sustained for the future, allowing us to plan for the longer term and assure the continued delivery of our services.

The key challenge for any small growing charitable organisation is to be both outward looking (to navigate the new service paths) and also attract ongoing funds, while ensuring that processes and procedures fulfil increasingly complex contract requirements. It is no different for COVEY. As a growing charitable organisation we are not exempt from funding challenges and take a thoughtful approach to attracting funding, ensuring that it meets the needs of the people we work with and for.

The Board of Directors are mindful of the changing landscape in which we operate and the important issues that need to be considered when planning for the future. This year we will take time to develop a new strategic/business plan for COVEY. In redeveloping our plan we will build on our values, organisational aims and outcomes with a particular focus on the following:

The continued growth and sustainability of our organisation;

Our position in, and contribution to the system including;

Our contribution to the achievement of positive outcomes for the young people of Lanarkshire and their families:

Our alignment with national and local government policy intentions e.g. tackling child poverty, ACEs and trauma informed practice, GIRFEC and

The collaborative advantage of partnership working.

The year ahead will also be used to plan financially for the following year 2020/21 which shows significant funding gaps. The Board are fully aware of the risk recognising this as a priority. A funding plan will be part of the bigger review and reworking of the business plan by the end of 2019.

Having established our values with staff and Board members and subsequently translating these into behaviours, we have a culture in COVEY which everyone actively embraces.

Against the framework of our values the COVEY staff are actively encouraged to grow and develop. They take sole responsibility for their actions, as leaders in their own right. Because of this open and flexible culture we consider COVEY to be well placed to navigate the ever-changing challenges that present themselves in the Third Sector.

We believe it is this values-based approach which enables us to create and sustain partnerships. We will seek to create new partnerships, working towards a more integrated third sector, connecting with each other towards the vision of enabling those in our communities to have the right help they need at the right time from the right people.

COVEY want to show leadership in the year ahead, rather than just management, to create the synergy to deliver services in a way which puts those in need first.

This year we want to play an increasingly positive and constructive role with the wider world. COVEY services have developed to ensure we are now innovatively working with the whole family. We intend to progress this integrated approach, working towards a further vision of interwoven private, public and third sector support.

We are in a strong position financially for the year ahead with the majority of our operations fully funded. Part funding for our Pathways to Confidence project comes to an end in September 2019. An evaluation and review sponsored by the Wm Grant Foundation of this project is being carried out. This evaluation report will be available at the end of May 2019 and will enable us to be in the best position possible to consider the longer term sustainability of this unique project in North and South Lanarkshire. Previously established as an effective model of intervention and exemplar of good practice, our vision is that this could be replicated in other areas now that it is.

An opportunity has presented itself through funding from the Wm Grant Foundation Step Change project to take forward plans regarding income-generation and the opportunity to offer further Self Directed Support placements. This is part of our development strategy and we plan appropriate staff appointments in the year ahead linked to this initiative. We are always grateful for the open and supportive relationship that we have with our funders and this demonstrates the benefit of these relationships -resulting in what is anticipated as a real 'Step Change' for COVEY.

We will not lose sight of our core vision and mission which enables us to continue our person-centred approach. One young person reported, 'If it wasn't for COVEY, I wouldn't leave the house. When I miss a week at group my anxiety gets worse, it helps to get out and socialise'.

There is a similar refrain from parent/carers who are involved; 'I feel as though my life is now moving forward, opening up, and there are endless possibilities.' This is what continues to inspire us and drive COVEY forward, being part of our ethos; that it is not about us and what we want for children, young people or parents and carers, but what they themselves want to achieve. Our role is in supporting them to make steps towards achieving their individual ambitions, to become more self-confident and thus self-supportive.

In addition, we will continue to work closely with our local authority partners to explore how we can serve their priorities towards achieving the best sustainable outcomes. In South Lanarkshire we look forward to delivering additional work for young people in kinship care, having secured funding from South Lanarkshire Council to provide three friendship groups over the year, helping alleviate social isolation and build confidence.

Underpinning our future at COVEY is the legacy of our former chairperson and there is no doubt that our growth is aligned to the establishment of our values and our ability to create and sustain levels of trust with all stakeholders.

The Board will continue to work in full accord with the staff team as we are united in our vision and purpose. We plan to add to the numbers on the Board and confirm our Interim Chair in that role.

We believe that if we consistently demonstrate our values of Respect, Openness, Commitment, Innovation and Passion, we can and will affect the lives of more and more people in our community.

COVEY's Values

The values of the organisation are our guiding principles and are the basis on which all decisions are made. These are as follows:

Commitment: giving our best

Openness: communicating authentically and truthfully

Respect: valuing the individual

Innovation: providing creative solutions

Passion: caring deeply.

COVEY's Vision

Young people and families live happy and fulfilled lives.

COVEY's Mission

Through strong trusting relationships we support children, young people and families to become more resilient, safe and better equipped to reach their full potential; we add colour to lives.

COVEY's Aims and Objectives

COVEY exists to make a positive difference in the lives of vulnerable young people between the ages of 7 and 19 and also parents or carers who are experiencing a range of difficult circumstances. COVEY provides support through:

- 1. Promoting a variety of supporting relationships between caring adults and others who are experiencing difficulty in their lives;
- 2. Making available the support of a reliable, consistent and non-judgemental relationship for those who would benefit;
- 3. Recruiting, training and supporting volunteers;
- 4. Pairing those who would benefit, with a suitably trained person;
- 5. Working and co-operating in partnership with local authorities and other agencies to identify and jointly serve those in need of support;
- 6. Raising and distributing funds to finance pursuits, activities and projects in the furtherance of the objectives.

COVEY is committed to applying the Getting It Right For Every Child (GIRFEC) principles to improve the outcomes for children, young people and families. COVEY contributes to the wellbeing indicators, helping young people be safer, healthier, respected and included. Young people are also supported in their achievements and are more active, and as a result of being involved with COVEY can take steps to taking responsibility and making good choices. In addition, parents and carers are supported, becoming more confident in their role.

FINANCIAL REVIEW

The results for the year and financial position of the charity are as shown in the annexed financial statements.

In the year 2018/19 the income (excluding donated services) increased to £531,508 (prior year £433,057) which represents a 23% increase. This is the sixth consecutive year that our revenue has increased and is due to additional projects being delivered and increased funding from small donors. Our financial position is forecast to grow further in the next financial year as we continue to develop and deliver additional projects. We remain grateful to South Lanarkshire Council for the provision of our office space in Hamilton and Lanark. A notional amount of £18,500 has been included in the accounts to reflect this in-kind benefit.

South Lanarkshire Council has continued to be the largest source of funds, providing 38% of available income through a Service Level Agreement. Our relationship with the South Lanarkshire Council team continues to be based on open dialogue and their ongoing review of the services which COVEY provides.

Further sources provided the balance of 62% of the current year revenue. These are as follows:

Baily Thomas
BBC Children in Need
The Corra Foundation – Henry Duncan Awards
Foundation Scotland (administering funds for Wm Grant Foundation)
The Henry Smith Charity
The Innovation Fund
Inspiring Scotland
The RS Macdonald Charitable Trust
The National Lottery Community Fund
The Robertson Trust
Scottish Children's Lottery
Shared Care Scotland
South Lanarkshire Community Safety Partnership
South Lanarkshire Integrated Care Fund
SSE (Scottish and Southern Energy)

One-off donations with individual values of under £5,000 were received from local organisations and interested supporters and amounted to £12,338 (prior year £11,907) which is greatly valued. These included Border Biscuits, Tesco Bags of Help, Regenfx, SLC Problem Solving Group, Wm. Grant & Son employee match funding scheme, Barnahage Nursery, 1825 Scotland Ltd and donations through Just Giving.

Without funding and support from these organisations, COVEY would not have been able to provide befriending and mentoring services to the young people and families we support in South Lanarkshire and other areas. We are very grateful and appreciative of their continued involvement and partnership with our team. We take a considered approach to funding, ensuring that each application reflects the needs of the community and is also aligned to the values and vision of the donors. Our processes enable us to clearly demonstrate the benefit and results which each project delivers, linked with each funding source. We build strong, open and trusting relationships with our funders through ongoing conversations and where necessary have re-profiled the budget and spend for individual projects.

Our expenditure (excluding donated services) were £512,898 (prior year £435,359) which has resulted in surplus of £18,610. This surplus is as a result of increased unrestricted funds and the need as we grow to increase our reserves in line with the projected increase in income for the next year. The Board and Staff team continue to prudently manage our resources whilst using all the available funds within the appropriate timescales.

Generally the level of costs has reflected the increased activity and service. The expenditure associated with the programme costs, providing outings and group activities for the young people and parent/carers was £86,893 (prior year £68,777). This 26% increase is reflected in the increase in the hours of support and the increased cost of outings. We were able to provide over 6840 hours of support through volunteers and over 540 staff support sessions. Some of this adult support is carried out by telephone, resulting in a changing profile of costs. Staffing costs remain the largest portion of our overall spending. We had a 13% increase in staffing cost this year as we appointed additional personnel to assist in the areas of outreach work, group facilitation, and coordination. Staff training expenditure increased as more staff took advantage of the standard allocation per head of this budget to enhance their skills. Costs connected with advertising and promotions were higher due to expenditure associated with staff recruitment and video production. Professional fees show a marked increase this year due to our income being over the £500,000 threshold requiring an audit to be conducted.

Reserves at the end of the year include £93,703 received in advance of the 2019/20 financial year and also includes one and one half months of operating costs. (This is in accordance with our current reserves policy which is reviewed on an annual basis). We enter the 2019/20 year with 98% of our funding secured. The shortfall is due to part funding for our Pathways to Confidence project ending in September 2019 from the Wm. Grant Foundation. The Board are working with the Pathways to Confidence Governance Group to explore all options for further sustainability of this project.

The Board are looking ahead to 2020/21 and aware of the future liabilities. A plan is being developed to ensure that we will be able to continue providing at least the same level of services as is covered by funds for 2019/20.

We want to focus on the young people and families in the year ahead and see our programmes evolve and meet the changing challenges and needs in the community serving alongside our Local Authority and Scottish Government partners.

Safeguarding

As a charity working with vulnerable beneficiaries and volunteers, the Board are aware of the responsibility to have a heightened focus on possible abuses of power that might lead to bullying, harassment, or sexual misconduct.

The directors create a safe environment for staff, beneficiaries and volunteers through our values and also a comprehensive suite of appropriate policies, procedures and practices to make sure that everyone is kept safe. This enables anyone to report concerns, whilst making sure that those concerns are dealt with appropriately and in a sensitive manner. These policies are added to, updated when necessary, and are read by everyone annually and reviewed bi-annually.

All staff who work with vulnerable people, volunteers and Board members are members of the Protection of Vulnerable Groups scheme. Child and Adult Protection training and review of policies and practice occurs each year.

Reserves Policy and Going Concern

The organisation pledges any reserves to the continued development of all activities and projects; current and future. The Directors are satisfied that the current level of reserves reflects an appropriate level for such an organisation. During the year the Board of Directors reviewed the reserve policy made at the meeting of the Board of Directors on 27 September 2011 and it was decided that reserves will continue to be one and one half month's operating expenditure, and that this policy will be reviewed on an annual basis.

Structure, Governance and Management

Community Volunteers Enabling You (COVEY) is a company limited by guarantee (as defined by the Companies Act 2006), and a registered charity governed by its Memorandum and Articles of Association.

Organisational Structure

The Board of Directors meet every six weeks to administer the charity. The Board of Directors is made up of people who bring specific and appropriate knowledge and expertise to the organisation and are familiar with the work of the organisation.

A staff member also attends each Board meeting to directly contribute to the decision-making process.

Recruitment and Appointment of New Directors

The Directors of the charitable company are its Trustees for the purpose of charitable law and throughout this report are collectively referred to as the Directors. Directors are appointed in accordance with COVEY Memorandum and Articles of Association. They must be members of COVEY and can be appointed at any time during the year and stand for election at the Annual General Meeting. COVEY recruit on the basis of character before competence and the selection process gives opportunity to underline the need for Directors to demonstrate the COVEY values of Respect, Openness, Commitment, Innovation and Passion.

Induction and Training of New Directors

On appointment Directors receive an introduction pack detailing their specific roles and responsibilities. Members of the staff team are involved in induction training for new Directors giving them an overview of the operational side of the business. Ongoing development opportunities are given to enable the Board to be effective in its role. At the commencement of each Board meeting time is given to the further development of an emotionally aware and cohesive team.

The Board may delegate powers to any sub-group consisting of one or more Directors as necessary.

Pay policy for Senior Staff and Trustee Expenses

COVEY employs 2 senior staff in the year, whose remuneration totalled £64,529.

Expenses of £1,222 were reimbursed to COVEY Trustee, Les Morgan, for travel expenses arising as a result of carrying out his charity duties, during the year ended 31 March 2019. There were no further trustee expenses to report.

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of charity Community Volunteers Enabling You Ltd

Charity registration number SC020754

Company registration number SC200094

Principal address Regent House

9 High Patrick Street

Hamilton ML3 7JA

The Trustees and Directors serving during the year and since the year end were as follows:

R Giddins appointed 11 October 2018 S Goodsir-Smyth appointed 12 June 2018

E Kennedy

L Locke resigned 11 October 2018
H Macgregor resigned 5 February 2019
L Morgan resigned 1 February 2019
J Tierney resigned 14 September 2018
J Wilson appointed 12 June 2018

Bankers Royal Bank of Scotland PLC

7 Duke Street Hamilton ML3 7DU

Independent auditor Messrs Robb Ferguson

Regent Court

70 West Regent Street

Glasgow G2 2QZ

Approved by the Board of Trustees and signed on its behalf by

signed 5 June 2019

Trustee

Community Volunteers Enabling You Ltd Independent Auditor's Report to the Trustees For the year ended 31 March 2019

Opinion

We have audited the financial statements of Community Volunteers Enabling You Ltd for the year ended 31 March 2019, which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and the Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 March 2019 and of its surplus for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the financial statement section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with those requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Community Volunteers Enabling You Ltd Independent Auditor's Report to the Trustees For the year ended 31 March 2019

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may
 cast significant doubt about the company's ability to continue to adopt the going concern basis of
 accounting for a period of at least twelve months from the date when the financial statements are
 authorised for issue.

Other Information

The other information comprises the information included in the report and financial statements, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the information is materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the strategic report and the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the strategic report and the trustees' report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the strategic report or the trustees' report.

Community Volunteers Enabling You Ltd Independent Auditor's Report to the Trustees For the year ended 31 March 2019

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit;

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the company or cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

(Senior Statutory Auditor) For and on the behalf of Messrs Robb Ferguson

Accountants and Statutory Auditors

Jane alexander

5 June 2019

Regent Court 70 West Regent Street Glasgow, G2 2QZ

Community Volunteers Enabling You Ltd Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2019

	Notes	Unrestricted	Restricted		
		Funds	Funds	2019	2018
		£	£	£	£
Income and endowments from:					
Donations and grants	2	26,012	524,056	550,068	451,552
Investments	3	-	-	-	5
		26,012	524,056	550,068	451,557
Expenditure on:					
Charitable Activities	4	18,500	512,865	531,365	453,859
		18,500	512,865	531,365	453,859
Net Income/expenditure:		7,512	11,191	18,703	(2,302)
Reconciliation of Funds:					
Total funds brought forward		71,128	2,220	73,348	75,650
Total funds carried forward		78,640	13,411	92,051	73,348

Community Volunteers Enabling You Ltd Statement of Financial Position For the year ended 31 March 2019

1	Notes	2019	2018
		£	£
Current assets			
Debtors	9	4,451	7,448
Cash at bank and in hand		208,293	214,882
		212,744	222,330
Creditors: amounts falling due	10	120,693	148,982
within one year			
Net current assets		92,051	73,348
Total assets less current liabilities		92,051	73,348
Net assets		92,051	73,348
Funds of the charity			
Restricted income funds	12	13,411	2,220
Unrestricted income funds	12	78,640	71,128
Total Funds		92,051	73,348

Community Volunteers Enabling You Ltd Statement of Cash Flows For the year ended 31 March 2019

	2019 £	2018 £
Operating activities		
Surplus/(Deficit) for the financial year	18,703	(2,302)
Adjustments for:		
Interest receivable	-	(5)
Decrease in debtors	2,997	3,117
Decrease in creditors	(28,289)	75,125
	(6,589)	75,935
Interest received	-	5
Cash used in operating activities	(6,589)	75,940
Net cash used		
Cash used in operating activities	(6,589)	75,940
Net cash used	(6,589)	75,940
Cash and cash equivalents at 1 April	214,882	138,942
Cash and cash equivalents at 31 March	208,293	214,882
Cash and cash equivalents comprise:		
Cash at bank	208,293	214,882

The Financial Statements were approved and authorised for issue by the Board and signed on its behalf by:

E Kennedy signed 5 June 2019

Trustee

ACCOUNTING POLICIES

Basis of Accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Community Volunteers Enabling You Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributable to particular headings, they have been allocated to activities on a basis consistent with the use of resources. The charity is not registered for VAT and therefore all expenditure is shown gross, or irrecoverable of VAT.

Tangible Fixed Assets

Depreciation has been provided at the following annual rates in order to write off the assets over their estimated useful lives.

Office Equipment 25% straight line.

Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Directors.

Restricted Funds can only be used for particular restricted purposes within the objectives of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The list of Funders and the nature and purpose of each fund, is as follows:

Baily Thomas

Grants towards providing support in a group setting for young people with additional needs.

BBC Children in Need

Grant towards providing support in a group setting for young people with additional needs.

Corra Foundation – Henry Duncan Awards

Grant towards the salary costs of Befriending Leader.

Foundation Scotland

Grants for 1) Pathways to Confidence Project 2) support in a group setting for young people with additional needs in the Clydesdale Area of South Lanarkshire. These funds are administered by Foundation Scotland on behalf of the William Grant Foundation Youth Opportunities Fund.

The Henry Smith Charity

Funding for parent support groups – PACT (Parents and Carers Together).

The Innovation Fund

Investment from a partnership between The Hunter Foundation and the Scottish Government to enable parents to access relevant advice and support; delivered jointly by COVEY and Airdrie Citizens Advice.

Inspiring Scotland

Funding of intandem – the national mentoring programme for young people aged 8-14 who are subject to a supervision order and live with their parents.

The RS Macdonald Charitable Trust

Grant towards delivery of the Plusone Mentoring Programme in South Lanarkshire.

The National Lottery Community Fund

Grants for 1) Pathways to Confidence Project providing support to parents and carers of young people 8 - 14 who are affected by difficulties in their lives 2) Support in a group setting for young people with additional needs through Awards for All.

The Robertson Trust

Grant towards delivery of the Plusone Mentoring Programme in South Lanarkshire.

The Children's Lottery

Grant towards supporting siblings of family members with additional needs in a group setting.

Shared Care Scotland

Creative Breaks grant to support siblings of family members with additional needs in a group setting.

South Lanarkshire Council

Service Level Agreement to provide befriending support for young people (aged 7-16) throughout South Lanarkshire.

South Lanarkshire Community Safety Partnership

Grant towards delivery of the Plusone Mentoring Programme in South Lanarkshire.

South Lanarkshire Integrated Care Fund

Contribution to parent support groups – PACT (Parents and Carers Together).

SSE (Scottish and Southern Energy)

Funds for outreach work supporting isolated young people in the rural Clydesdale area.

Additional Funds

Barnahage Nursery, Border Biscuits, Regenfx, SLC Problem Solving Group, Tesco Bags of Help, Wm. Grant & Son employee match funding scheme, 1825 Scotland Ltd, and donations through Just Giving.

Pensions

The charity contributes to a defined contribution pension scheme which is open to all employees. Contributions are charged to the Statement of Financial Activities as they become payable in accordance with the rules of the scheme, in the period to which they relate.

2. Income from donations and grants

	Unrestricted funds £	Restricted funds £	2019 £	2018 £
Donations received	3,034	-	3,034	11,907
Grants received	4,478	524,056	528,534	421,145
Donated services	18,500	-	18,500	18,500
	26,012	524,056	550,068	451,552

3. Investment Income

2019	2018
£	£
Unrestricted funds	
Bank interest receivable	5

4. Expenditure

	Unrestricted funds £	Restricted funds £	2019 £	2018 £
Cost of generating voluntary income	-	25,905	25,905	23,896
Charitable activities	18,500	486,960	505,460	429,963
	18,500	512,865	531,365	453,859

5. Analysis of charitable activities

	2019	2018
	£	£
Staff Costs	332,706	294,719
Staff Training	7,466	3,172
Information and Promotion	7,953	4,170
Outing Travel and Expenses	80,496	61,884
Equipment Expensed	2,020	-
Volunteer Costs	6,397	6,893
Staff Travel	11,225	11,420
General Running Costs	57,197	47,705
_	505,460	429,963
·		
6. Net income for the year		
Stated after charging:		
3 3	2019	2018
	£	£
	_	_
Staff Pension Contributions	11,161	10,042
-	, -	
7. Staff costs and emoluments		
	2019	2018
	£	£
Salaries and Wages	323,776	287,206
Social Security Costs	23,674	21,367
Pension Costs	11,161	10,042
- Choich Cook	358,611	318,615
Average number of employees	2019	2018
Senior Staff	2	2
Operational	17	13
- Specialional	19	15
=		

8. Tangible fixed assets

	Furniture and	d Fittings £
Cost or valuation as at 1 April 2018 and 31 March 2019		15,840
Depreciation as at 1 April 2018 and 31 March 2019		(15,840)
Net book values as at 1 April 2018 and 31 March 2019	=	<u> </u>
9. Debtors		
Amounts due within one year:	2019 £	2018 £
Prepayments and accrued income	4,451	7,448
10. Creditors: amounts falling due within one year		
	2019	2018
	£	£
Other creditors	20,510	9,204
Accruals	6,480	2,101
Deferred Income	93,703	137,677
	120,693	148,982

11. Provisions for liabilities and charges

Creditors: Amounts falling due within one year includes an adjustment for Deferred Income, relating to sums received before the year end, restricted to activities to take place in subsequent years, as follows:

The National Lottery Community Fund

Scottish Children's Lottery

Foundation Scotland (Clydesdale ANGELS)

Foundation Scotland – Pathways to Confidence

Henry Smith

SSE

Wm Grant

12. Movement in funds

Unrestricted Funds	Balance as at 01.04.18 £	Incoming Resources £	Outgoing Resources £	Balance as at 31.03.19 £
General	71,128	26,012	(18,500)	78,640
	71,128	26,012	(18,500)	78,640
Unrestricted Funds - previous year	Balance as at 01.04.17 £	Incoming Resources £	Outgoing Resources £	Balance as at 31.03.18 £
General	76,152	46,258	(51,282)	71,128
	76,152	46,258	(51,282)	71,128

12. Movement in funds (continued)

Restricted Funds	Balance as at 01.04.18 £	Incoming Resources £	Outgoing Resources £	Balance as at 31.03.19 £
Alliance	312	_	_	312
BBC Children in Need	-	6,145	(6,145)	-
The National Lottery Community Fund	_	73,375	(73,375)	_
Foundation Scotland	_	3,672	(3,672)	_
Foundation Scotland - Clydesdale Angels	_	22,236	(22,236)	_
Foundation Scotland - Pathways to Confidence	-	22,711	(22,711)	-
General - Restricted	969	53,606	(53,606)	969
Inspiring Scotland	939	43,916	(44,802)	53
The Robertson Trust	-	11,250	(11,250)	-
The RS Macdonald Charitable Trust	-	10,214	(10,393)	(179)
Scottish Children's Lottery	-	20,681	(20,681)	-
Shared Care Scotland	-	11,513	(11,513)	-
SLC Community Safety Partnership	-	10,260	(10,260)	-
South Lanarkshire Council	-	203,152	(189,459)	13,693
South Lanarkshire Health and Social Care	-	6,269	(7,706)	(1,437)
SSE (Scottish and Southern Energy)		25,056	(25,056)	
	2,220	524,056	(512,865)	13,411
	Balance as at	Incoming	Outgoing	Balance as at
Restricted Funds - previous year	01.04.17	Resources	Resources	31.03.18
•	£	£	£	£
Alliance	312	10,047	(10,047)	312
BBC Children in Need	-	24,537	(24,537)	-
The National Lottery Community Fund	-	40,942	(40,942)	-
Foundation Scotland	(1,783)	44,310	(42,527)	-
Foundation Scotland - Clydesdale Angels	-	20,370	(20,370)	-
Foundation Scotland - Pathways to Confidence	-	3,692	(3,692)	-
General - Restricted	969	6,670	(6,670)	969
Inspiring Scotland	-	42,147	(41,208)	939
The Robertson Trust	-	15,000	(15,000)	-
The RS Macdonald Charitable Trust	-	17,550	(17,550)	-
Shared Care Scotland	-	5,532	(5,532)	-
The Henry Smith Charity	-	5,447	(5,447)	-
South Lanarkshire Council	-	163,152	(163,152)	-
South Lanarkshire Health and Social Care		5,903	(5,903)	
	(502)	405,299	(402,577)	2,220

13. Analysis of net assets between funds

	Tangible fixed assets £	Net current assets/(liabilities)	Net assets £
Unrestricted		78,640	78,640
Restricted		13,411	13,411

Analysis of net assets between funds - previous year

	Tangible fixed assets £	Net current assets/(liabilities)	Net assets £
Unrestricted		71,128	71,128
Restricted		2,220	2,220

14. Comparative Statement of Financial Activities for year ended 31 March 2018

	Unrestricted Funds £	Restricted Funds £	2018 £
Income and endowments from:			
Donations and grants	46,253	405,299	451,552
Investments	5		5
	46,258	405,299	451,557
Expenditure on: Charitable Activities	51,282 51,282	402,577	453,859 453,859
Net Income/expenditure:	(5,024)	2,722	(2,302)
Reconciliation of Funds:			
Total funds brought forward	76,152	(502)	75,650
Total funds carried forward	71,128	2,220	73,348

15. Related Party Disclosure

During the year ended 31 March 2019, there were no related party transactions to report.

Community Volunteers Enabling You Ltd Detailed Statement of Financial Activities For the year ended 31 March 2019

	2019	2018
INCOME AND ENDOWMENTS	£	£
Donations and Grants		
Donations	3,034	11,907
Grants receivable	528,534	421,145
Donated goods and services	18,500	18,500
	550,068	451,552
Investment		
Bank interest receivable	-	5
Total Incoming Resources	550,068	451,557
EXPENDITURE		
Costs of generating voluntary income	25,905	23,896
Charitable Activities		
Staff Costs	332,706	294,719
Staff Training	7,466	3,172
Information and Promotion	7,953	4,170
Outing Travel and Expenses	80,496	61,884
Equipment Expensed	2,020	-
Volunteer Costs	6,397	6,893
Staff Travel	11,225	11,420
General Running Costs	57,197	47,705
Total Outgoing Resources	531,365	453,859
Net Surplus/(Deficit)	18,703	(2,302)